Lab Results

Independent 3rd Party Analytical Testing and Validation

Product: Jigsaw Alaskan Cod Liver Oil Softgels

Lot # 25CS17

Report Date: 08/06/2026

Ingredient Analysis	Claim	Result per serving	Method
Omega-3 Fatty Acids	900 mg	930.9 mg	AOCS
Eicosapentaenoic Acid (EPA)	400 mg	367.9 mg	AOCS
Docosahexaenoic Acid (DHA)	300 mg	433.2 mg	AOCS
Docosapentaenoic Acid (DPA)	60 mg	61.1 mg	AOCS
Vitamin A (naturally occurring)	1,300 mcg (4,333 IU)	4,780 mcg (15,933 IU)	AOAC
Vitamin D (naturally occuring)	6 mcg (240 IU)	16.2 mcg (648 IU)	LC-MS/MS
Total Pro-Resolving Mediators	128 mcg	130.6 mcg	COA Calc.
TOTOX	<26	8.7	AOCS Calc.

Microbial Testing		Result per serving	Method
Total Plate Count	-	<10 CFU/g	USPC61
Yeast/Mold		<10 CFU/g	USPC61
Coliform	-	<10 CFU/g	CMMEF
Pseudomonas Aeruginosa	-	Not Detected	USPC62
Salmonella	-	Not Detected	USPC62
Staphylococcus	-	Not Detected	USPC62
E. coli	-	Not Detected	USPC62
Enterobacteriaceae	-	<10 CFU/g	CMMEF

Heavy Metals Analysis	Not To Exceed	Detected per serving	Method
Arsenic (Inorganic)	10 mcg	<0.382 mcg	AAS/ICP-OES/MS
Cadmium	4 mcg	<0.0191 mcg	AOAC
Lead	.5 mcg	<0.0191 mcg	AOAC
Mercury	2 mcg	<0.0191 mcg	AOAC

Please note: Color and odor vary from batch to batch. Do not be alarmed if product appears darker or lighter than previously, or has a more pungent smell. This is an expected occurrence due to the nature and purity of the oil.



Tests perfomed in accordance with ISO/IEC 17025 Chemical Scope of Accreditation.

ISO 17025
ACCREDITED LABORATORY