



Antioxidant Comparison

Compare Jigsaw Health Essential Blend Antioxidant to other popular antioxidants in blue below. While they are all good formulas, Essential Blend Antioxidant stands apart from the rest.

Essential Blend Antioxidant is just that: a healthy blend of the antioxidant “super powers” including vitamins, carotenoids, flavonoids, and herbs. In fact, Essential Blend Antioxidant is **the only capsule that also contains both acai and mangosteen**—“super foods” found to have even more antioxidant power than green tea, vitamins C and E, red wine, blueberries, cranberry, pomegranate, and more.

And because many people don’t need added minerals, we leave them out of our antioxidants. That gives you more control over what you take. But if you do need them, we suggest our Essential Blend Multi Mineral for the ultimate in antioxidant protection.

We sell directly to you so we can offer a fair price for superior supplements that work, often with fewer capsules. So when you stack Jigsaw Health Essential Blend Antioxidant up against other popular sellers, you can find out what you’re really getting—and paying!

	Essential Blend Antioxidant by Jigsaw Health	Renewal Antioxidants by Source Naturals	Antioxidant Formula by Nature’s Way	Living Multi by Garden of Life
Has powerful vitamins A, C, D, and E	Yes	No	No	Yes
Uses Ester-C®, a more absorbable form of vitamin C	Yes	No	No	No
Contains acai with more anthocyanins ¹ than blueberries and red wine grapes	Yes	No	No	No
Contains mangosteen, the richest source of xanthones ² in the world	Yes	No	No	No
Can take minerals separately to get the exact dose you need	Yes	No	No	No
Contains natural healing extracts of turmeric, pomegranate, blueberry leaf, and cranberry	Yes	No	No	Yes
Package size	90 capsules	120 tablets	100 tablets	126 caplets
Suggested use	3 capsules per day	4 tablets per day	2 tablets per day	9 caplets per day
Number of days supplied	30 days (3/day)	30 days (4/day)	50 days (2/day)	14 days (9/day)
Suggested retail price	\$24.95	\$57.98	\$34.99	\$37.95
Cost per day	\$.83	\$ 1.93	\$.70	\$ 2.71

www.JigsawHealth.com

¹ Anthocyanins are a group of some 300 phytochemicals that give color to fruits (especially red and blue fruits), vegetables, and plants. Found in high amounts in acai, grapes, blueberries, and raspberries, anthocyanins have very potent antioxidant properties and may help balance cholesterol, reduce blood stickiness and clotting, and defend cells against carcinogens.

² Xanthenes are biologically active plant phenols—with powerful antioxidant compounds more potent than vitamins C and E—found in great abundance in the fruit of the mangosteen. Not only do xanthenes help scavenge cell-damaging free radicals, they may also help boost the immune system, balance cholesterol, reduce inflammation, support the gastrointestinal system, and reduce fatigue.