

Anti-microbial Properties of Grapefruit Seed Extract

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Grapefruit (*Citrus paradise*) is a round, yellow, citrus fruit that was first described in Barbados in 1750. In 1976, it was discovered that the extract of grapefruit seeds has powerful antimicrobial properties.

There are many scientific citations that document the powerful antimicrobial properties of Grapefruit Seed against many pathogens. Some of those papers are cited below:

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