

ACTIVATED B W/SRT

Replenish your B's and get an energy boost with the only ready-to-use, active form of B-vitamins that release slowly over 12 hours. Does not require your liver to convert to an active form, and won't "blast" B-vitamins into your intestines.

Available in 6oct and 12oct ▼



ALLER-7 SUPPORT

Reduce inflammation and clear nasal passages for better respiratory health. Contains a proprietary blend of plant extracts plus a powerful berry blend of wild blueberry, strawberry, cranberry, wild bilberry, elderberry and raspberry to help reduce allergic inflammation and fight the damaging effects of free radicals.

Available in 90 ct

ANTIOXIDANT, ESSENTIAL BLEND

Keep your cells healthy with vitamins A, C, D, E and natural herbal extracts — powerful antioxidants that fight free radicals and slow aging. The only antioxidant with both acai (has 33 times more anthocyanins than red wine) and mangosteen (thought to be the richest source of xanthones in the world).

Available in 90 ct

BRAIN SUPPORT

Get your daily supply of brain-boosting nutrients for enhanced mental function. Contains ginkgo biloba, widely promoted throughout Europe as the leading brain herb, plus the most absorbable form of carnitine, omega-3 essential fatty acids crucial for brain health, and choline, essential for memory and concentration.

Available in 6oct

CARDIO COMPLEX

Contains policosanol and other powerful nutrients to help reduce blood "stickiness," maintain healthy cholesterol levels, and promote a healthy heart. Recommended only for those who have a total cholesterol level above 200 mg/dL. Total cholesterol below 180 mg/dL can be just as detrimental to your cardiovascular system as high cholesterol.

Available in 12oct

COX-2 SUPPORT

Reduce joint pain, muscle aches, and inflammation by maintaining healthy Cox-2 levels. Jigsaw Health Cox-2 Support uses uniquely formulated plant extracts that inhibit the Cox-2 enzymes responsible for triggering inflammation and pain. It also contains powerful antioxidants and herbs such as turmeric, white willow bark, devil's claw, ginger, green tea leaf, bromelain from pineapple, rosemary leaf, grape seed, and quercetin, a natural antioxidant found in red wine.

Available in 90ct

DIGESTIVE ENZYMES, ESSENTIAL BLEND

Ease indigestion, bloating, and gas! Designed to work throughout the digestive tract in a wide range of pH to help break down fiber, carbohydrates, proteins, and fats. Contains a proprietary enzyme blend especially for hard-to-digest foods like dairy, casein, gluten.

Available in 90ct and 18oct

EDTA W/MALIC ACID

Powerful chelates help remove harmful toxins — especially aluminum and lead — and reduce plaque and calcium build-up in the arteries for better heart health. Only goes after ionized, bound calcium in arteries—does not deplete the body of the unbound calcium it needs. A safer, easier, and less expensive alternative to more invasive procedures.

Available in 12oct

ESSENTIAL DAILY PACKETS

Each box of Essential Daily Packets contains a 30-day supply of the most essential and highly absorbable forms of vitamins, minerals, and essential fatty acids in convenient morning and evening packets. Take one packet each morning and one each evening to provide the missing sync between your optimal health and your natural sleep/wake cycles.

Available in 1 box (30 day supply) ▼



GLUCOSE SUPPORT

Promote healthy blood sugar levels with powerful herb extracts, antioxidants and vital minerals. Contains patented complexes of highly absorbable chromium and zinc, vital minerals such as magnesium and manganese, antioxidants such as vitamin E, and herb extracts of bitter melon fruit, gymnema sylvestre, jerusalem artichoke, fenugreek, milk thistle, ginkgo biloba, bilberry and citrus bioflavonoids — to support blood sugar regulation.

Available in 12oct



JIGSAW BARS

Jigsaw Bars are high-protein, low-glycemic healthy snack bars that use absorbable, system-gentle whey and rice proteins, heart-healthy Omega-3's, essential vitamins, and immune-system boosting glyconutrients. They are gentle on your stomach and contain no gluten, casein, soy protein, trans-fats, MSG, refined sugars like high fructose corn syrup, or sweeteners like sucralose or aspartame. Perfect for anyone who needs a quick single-serving snack on the go that will fit in a locker, purse, briefcase, or lunchbox.

Available in Chocolate and Coconut-Almond (12 bars per box) ▲

JMX-1

Reduce bacterial overgrowth in the gastro-intestinal tract and enhance your body's natural defense system with powerful antimicrobial herbs and extracts. Easy-to-swallow capsules contain simethicone to help reduce that bloated feeling. Recommend rotating use with JMX-2.

Available in 12oct and 18oct

JMX-2

Build up your immunity with effective herbs and extracts including Allimax™, a stabilized form of the active, immune-fighting ingredient in garlic. Recommend rotating use with JMX-1.

Available in 12oct and 18oct

LIVER SUPPORT

Restore liver health with silibinin — which fights free radical damage and stabilizes cell membranes — to allow greater absorption of nutrients. Increases levels of glutathione, a natural liver detoxifier and antioxidant. Absorbs quickly for greater effectiveness. Great for those with heavy metal poisoning.

Available in 12oct

MAGNESIUM W/SRT

Replenish magnesium and stay in good health — with Sustained Release Technology that steadily releases magnesium as your body needs it. Allows you to take the maximum dose needed to replenish deficiency without a laxative effect. Requires fewer capsules than other magnesium supplements to be effective.

Available in 12oct, 24oct and 60oct

MAGNESIUM-CALCIUM DAILY PACKETS

Help ease pain and build stronger bones and teeth by replenishing two vital minerals. Each box contains a 30-day supply of morning and evening packets of the most highly absorbable forms of magnesium and calcium.

Available in 1 box (30 day supply)

PROBIOTICS, ESSENTIAL BLEND

Help balance your immune system with 25 billion active bacteria per capsule GUARANTEED — including L. acidophilus DDS-I. Replenishes friendly bacteria for better digestive health. Unlike most low-dose probiotics, Essential Blend Probiotics is so effective, you only need one per day.

Available in 90ct ▶

SYSTEMIC ENZYMES, ESSENTIAL BLEND

Help reduce pain and swelling and keep blood flowing smoothly with these powerful proteolytic plant enzymes. Enhance the body's natural

defenses and digest fibrin build-up for improved circulation. Speeds recovery from fractures, breaks, or surgeries. May be an effective supplemental alternative to common painkillers.

Available in 18oct and 36oct

TONALIN

Reduce body fat and increase lean muscle mass with CLA. Unlike other conjugated linoleic acid supplements (CLA), Jigsaw Health Tonalin contains Tonalin® CLA, the #1 brand of all CLA's on the market derived from natural safflower oil. Conjugated linoleic acid safely decreases the amount of fat stored after eating; increases how fast fat is broken down in fat cells; increases the rate of fat metabolism; and decreases the total number of body fat cells.

Available in 90ct

WHEY PROTEIN POWDER

19 grams of whey protein per serving with only 2 net carbs! A great high-protein, low-carb food supplement for anyone actively involved in increasing dietary protein, watching carbohydrate intake, managing blood sugars, and building muscle strength. Comes in two great flavors, chocolate and vanilla.

Available in 2.1 lbs (30 servings)

Chocolate or Vanilla



“Jigsaw Health aspires to be a resource of information from both the alternative and conventional medical worlds. I believe the pieces to the puzzle are in both worlds and you should be aware of everything that is available to you to help you feel better.”

*Excerpt from Wellness Piece By Piece,
by Pat Sullivan*



Jigsaw Health was founded by Pat Sullivan who has suffered recurrent bouts of multiple chronic conditions for more than 30 years. Using his own struggle to health and wellness as a guide, Pat—and Jigsaw Health—is dedicated to helping you understand your chronic conditions so you, too, can feel better.



THE LEADING RESOURCE FOR
CHRONIC CONDITIONS.

WWW.JIGSAWHEALTH.COM

2007 HIGHLIGHTED PRODUCTS CATALOG

